

No. 28020. ANTI-DOPING CONVENTION. CONCLUDED AT STRASBOURG ON
16 NOVEMBER 1989¹

RATIFICATIONS and ACCEPTANCE (AA)

Instruments deposited with the Secretary-General of the Council of Europe on:

11 April 1995 AA

NETHERLANDS

(For the Kingdom in Europe. With effect from 1 June 1995.)

12 February 1996

ITALY

(With effect from 1 April 1996.)

6 March 1996

GREECE

(With effect from 1 May 1996.)

17 May 1996

LITHUANIA

(With effect from 1 July 1996.)

21 June 1996

LUXEMBOURG

(With effect from 1 August 1996.)

Certified statements were registered by the Secretary-General of the Council of Europe, acting on behalf of the Parties, on 14 March 1997.

DEFINITIVE SIGNATURES

Affixed on:

28 April 1995

CZECH REPUBLIC

(With effect from 1 June 1995.)

6 March 1996

CANADA

(With effect from 1 May 1996.)

Certified statements were registered by the Secretary-General of the Council of Europe, acting on behalf of the Parties, on 14 March 1997.

¹ United Nations, *Treaty Series*, vol. 1605, p. 3, and annex A in volumes 1641, 1704, 1724, 1862 and 1934.

AMENDMENT of the appendix¹ to the Anti-Doping Convention on 16 November 1989²

Authentic texts of the amendments: English and French.

Certified statement was registered by the Secretary-General of the Council of Europe, acting on behalf of the Parties, on 14 March 1997.

AMENDMENT TO THE APPENDIX
adopted at the 7th Meeting of the Monitoring Group
(30-31 May 1996)
entered into force 1 July 1996

REFERENCE LIST OF PHARMACOLOGICAL CLASSES OF DOPING AGENTS AND
DOPING METHODS

I. PROHIBITED CLASSES OF SUBSTANCES

- A. Stimulants
- B. Narcotics
- C. Anabolic Agents
- D. Diuretics
- E. Peptide and glycoprotein hormones and analogues

II. PROHIBITED METHODS

- A. Blood doping
- B. Pharmaceutical, chemical and physical manipulation

III. CLASSES OF DRUGS SUBJECT TO CERTAIN RESTRICTIONS

- A. Alcohol
- B. Marijuana
- C. Local anaesthetics
- D. Corticosteroids
- E. Beta-blockers

¹ Came into force on 1 July 1996, in accordance with article 11 of the Convention.

² See p. 432 of this volume.

Article I: PROHIBITED CLASSES OF SUBSTANCES

Prohibited substances fall into the following classes of substances:

- A. Stimulants
- B. Narcotics
- C. Anabolic Agents
- D. Diuretics
- E. Peptide and glycoprotein hormones and analogues

A. *Stimulants*

Prohibited substances in class (a) include the following examples:

amiphenazole	amphetamines	amineptine	caffeine
cocaine	ephedrines	fencamfamine	mesocarb
pentylentetrazol	pipradol	salbutamol	terbutaline
salmeterol			

...and related substances.

B. *Narcotics*

Prohibited substances in class (b) include the following examples:

dextromoramide	dextropropoxyphene	diamorphine (heroin)	methadone
morphine	pentazocine	pethidine	

...and related substances

Note: Codeine, dextromethorphan, dihydrocodein, diphenoxylate and pholcodine are permitted.

C. *Anabolic agents*

The Anabolic class includes anabolic androgenic steroids (AAS) and Beta-2 agonists.

Prohibited substances in class (c) include the following examples:

1. Anabolic androgenic steroids

clostebol	fluoxymesterone	metandienone	metenolone
nandrolone	oxandrolone	stanozolol	testosterone

...and related substances.

2. Beta-2 agonists

clenbuterol	salbutamol	terbutaline	salmeterol	fenoterol
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...and related substances.

D. Diuretics

Prohibited substances in class (d) include the following examples:

acetazolamide	bumetanide	chlorthalidone	ethacrynic acid
furosemide	hydrochlorothiazide	mannitol	mersalyl
spironolactone	triamterene		

...and related substances

E. Peptide and glycoprotein hormones and analogues

Prohibited substances in class (e) include the following examples:

1. Chorionic Gonadotrophin (HCG - human chorionic gonadotrophin)
2. Corticotrophin (ACTH)
3. Growth hormone (HGH, somatotrophin)

...and all the respective releasing factors for such substances.

4. Erythropoietin (EPO)

Article II: PROHIBITED METHODS

Blood doping

Pharmaceutical, chemical and physical manipulation

Article III: CLASSES OF DRUGS SUBJECT TO CERTAIN RESTRICTIONS

A. *Alcohol*

B. *Marijuana*

C. *Local anaesthetics*

Injectable local anaesthetics are permitted under the following conditions:

- a) that bupivacaine, lidocaine, mepivacaine, procaine, etc. are used but not cocaine. Vasoconstrictor agents (e.g. adrenaline) may be used in conjunction with local anaesthetics.
- b) only local or intra-articular injections may be administered.
- c) only when medically justified (e.g. the details including diagnosis) dose and route of administration must be submitted prior to the competition or immediately, if administered during the competition, in writing to the relevant medical authority.

D. Corticosteroids

The use of corticosteroids is banned except:

- a) for topical use (aural, dermatological and ophthalmological but not rectal);
- b) by inhalation;
- c) by intra-articular or local injection.

E. Beta-blockers

Some examples of beta-blockers are:

acebutolol	alprenolol	atenolol	labelatol
metoprolol	nadolol	oxprenolol	propranolol
sotalol			

...and related substances.

Corrections of 13 December 1996 of the appendix to the Anti-Doping Convention of 16 November 1989¹

Authentic texts of the corrections: English and French.

Certified statement was registered by the Secretary-General of the Council of Europe, acting on behalf of the Parties, on 14 March 1997.

in the Annex to the Meeting Report, Section A should read as follows:

"A. *Stimulants*

Prohibited substances in class (a) include the following examples :

amiphenazole	amphetamines	amineptine	caffeine*
cocaine	ephedrines	fencamfamine	mesocarb
pentylentetrazol	pipradol	salbutamol**	terbutaline**
salmeterol**			

... and related substances

- * For caffeine the definition of a positive depends on the concentration of caffeine in the urine. The concentration in urine may not exceed 12 micrograms per millilitre.
- ** Permitted by inhaler only and must be declared in writing, prior to the competition to the relevant medical authority."

¹ See p. 432 of this volume.